



A PERSONALIZED

Self Discovery Map

FOR

Laiba aslam

Birth Place-Time

Rawalpindi District, Pakistan

XX-11-XX99, 5:0

Created on: Sep 23, 2022



Dear laiba aslam,

Congratulations on taking this important step toward deepening your understanding of yourself or of your kin.

We are pleased to present you this personalized Self Discovery Map (SD Map) generated by Clapsel's proprietary software based on the place-time information you provided.

This SD Map has two sections. The first section provides an overview of Self Discovery and the ingenious framework behind Clapsel's Self Discovery Map. And, the second section provides the personalized Self Discovery Map that you requested.

We sincerely hope that you take maximum advantage of the information provided in this Map.

May joy, abundance, well-being, and true success be yours and your loved ones'.

Happy Self-Discovery!

Team Clapsel

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I. Introduction

Clapsell Self Discovery Map (SD Map) is based on the 5S Framework. It combines the proprietary software algorithms and Artificial Intelligence (AI) with the ancient wisdom known as Jyotish (translated as “science of light”) to offer a personalized, practical, and empowering tool. It guides you to make smarter choices in life — to unleash your true potential and live a fulfilled life.

Self-Discovery Overview

Self-discovery is one of the core pillars of personal development. It involves knowing who we are by learning about our life patterns, and knowing our essence, our higher self, through experiential evidence. The aim of this SD Map is to help you deepen your understanding of yourself and thereby equip you for the other aspects of personal development including self-growth and self-mastery, leading you to live a fulfilled life.

5S Framework

The 5S Framework, originally introduced in the book *You Are The Source*, recognizes that all things in the universe, living and nonliving, manifested and non-manifested, are vibrating. That everything including a human life form represents a specific vibratory pattern.

Your personalized SD Map plots the vibratory pattern of your life form and unveils how this pattern manifests across key dimensions of your life journey. (Reference: [You Are The Source by A. Kanish](#))

Source

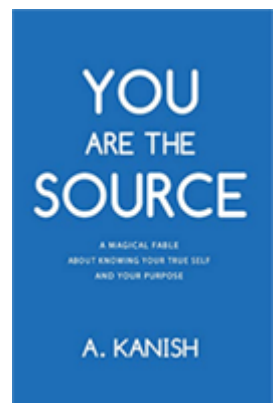
The 5S Framework recognizes that you, in essence, are the Awareness, also referred as the Source. You can use the Awareness to a) give rise to a thought or b) become aware of a thought or a thing. Thoughts and things merely represent two other states of you, just like ice and steam represent two other states of water.

The 5S Framework affirms that your intent is to experience yourself. And this intent to experience yourself is inherently present in everything that exists as your two other states — thoughts and material things.

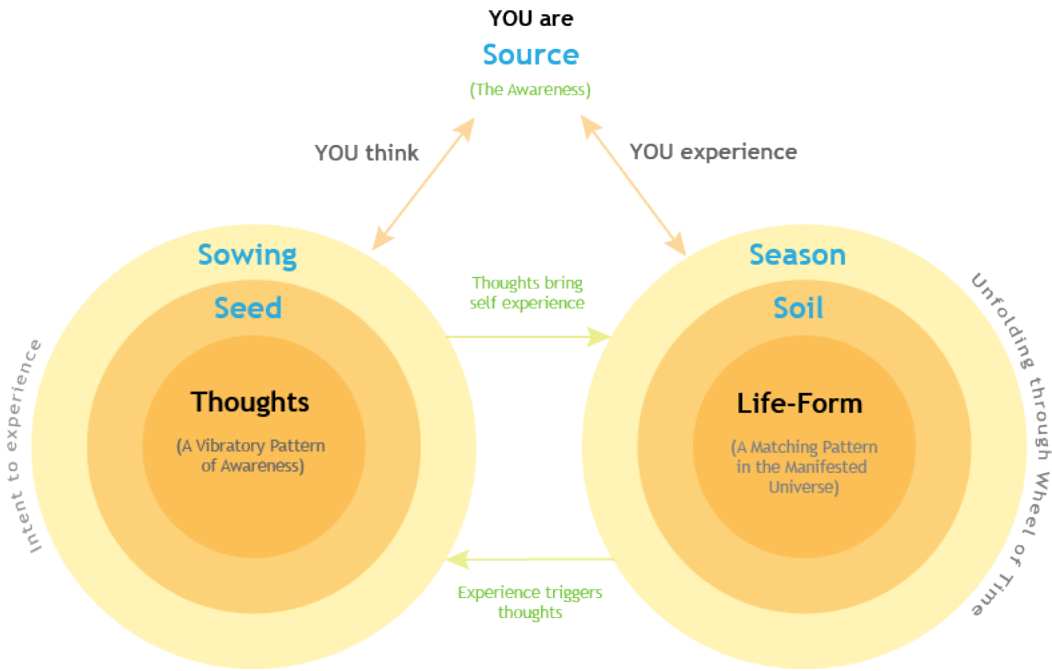
When you use the Awareness to give rise to a thought, you are essentially constructing a specific pattern of the Awareness. That pattern of Awareness or thought carries an intent to experience itself and it accomplishes that through a matching vibratory pattern represented by the manifested things of the universe.

Sowing, Seed, Soil, and Seasons

You create different vibratory patterns via thinking, the process referred to as Sowing. This collection of vibrations or thoughts becomes a Seed. Every Seed seeks an experience of itself through a life form that represents its matching vibratory pattern. The 5S Framework refers to this matching vibratory pattern available to a Seed as the Soil. Just remember, every Seed seeks an experience of itself, or self-experience, through Soil.



5S FRAMEWORK



The 5S Framework confirms that, in your life journey, based on your Seed, you are experiencing a specific vibratory pattern i.e. Soil as represented by your human life form. This Soil of your life form continues to unfold or 'play itself out' through definite time periods in your life journey, referred to as the Seasons.

Here is the fascinating thing — We can learn about this pattern or the Soil manifesting across key dimensions of our human life journey through the wheel of time.

Cosmos Snapshot Analysis

A life form is declared born when a body (a form) acquires its own breath (a life). Therefore, to learn about the pattern or the Soil that a life form represents, we plot and study the spatial arrangement of the nearby celestial bodies and the constellations across which they travel or appear to travel at the place-time of birth of the life form. Simply put, the snapshot of the cosmos at the time and place when a life form takes its first breath reveals the pattern represented by the life form. The SD Map software analyzes this snapshot of the cosmos and maps it to different dimensions of a human existence to make it useful to a human life.

Purpose of SD Map

From this personalized Self Discovery Map, you will learn how the vibratory pattern (the Soil) of your life form manifests itself across key planes of your existence. The Soil in essence represents a set of resources that become available to you for different pursuits in your life journey. You will also learn that this pattern unfolds itself through various characters and themes across well-defined time periods i.e. the Seasons.

Think of Soil as a set of ingredients available in your kitchen pantry for you to prepare a dish. The ingredients are definite but the possibilities of what you make out of them are many provided you exercise the Awareness to make a free choice.

Among other things, the SD Map enables you to objectively validate whatever you may already know about yourself. It helps you identify or validate your innate needs, key motivations, dominant passions, primary tendencies, etc. It also

lists your strengths toward pursuing a career along with the key contemporary career pathways that align with those strengths. The SD Map also lists the key characters and prominent themes of the specific time periods of your life journey.

The purpose of this Self Discovery Map, therefore, is to empower you with the insightful information about your own life journey so that you can:

- Bring deeper alignment of your actions and efforts with your own unique self to experience joy and well being.
- Make personal and professional choices based on your innate gifts and talents to achieve true success.
- Gain clarity about your dominant tendencies, key motives, and primary passions to live a meaningful and fulfilled life.
- Attune yourself to the changing rhythms and themes of your life journey to be in harmony and peace.
- Discover specific areas for self-growth and self-mastery to become the best of you.

[Visit Clapself.com to learn more about Self-Discovery and 5S Framework.](https://clapself.com)

II. Personalized Self Discovery Map

As you study this personalized SD Map to deepen your understanding of different dimensions of yourself, just know this: As a human being you are unique and special. Even if you share the same vibratory pattern or Soil with someone out there, there is no copy of you in this universe — never was and never will be. The universe including your human life form exists so that you can express and experience yourself by playing with the Awareness that you in essence are. Therefore, trust in the inherent goodness of all that exists without judging things as good or bad.

1. Soil of Your Life

This section entails how the Soil of your life form manifests across the four key planes of your existence.

As per the 5S Framework, the four key planes of our human existence are — self-plane, mental-plane, physical-plane, and presentation-plane. Additionally, there are derivative planes such as vocational-plane, self-mastery-plane, etc. As you learn about the Soil resources manifesting across these planes, keep in mind that these resources do not operate in isolation. Rather, your Soil pattern continuously interplays with other factors such as the dynamic genetic pattern of your physical form and external factors such as family, social, cultural, environmental, etc., bringing a very unique manifestation of the Soil for your life journey.

It is vital for you to appreciate that this exercise of self-discovery can only serve you best if you abundantly use the Awareness to become aware and exercise choice in each moment to leverage your available resources. Only by using the Awareness, can you fully leverage the strengths present in your Soil, and transcend any patterns that don't serve you. In other words, acquiring self-knowledge by learning about your Soil without cultivating the freedom to command that Soil has a limited benefit. Now let's dive deeper and learn more about your Soil.

1.1. Your Dominant Life Themes

The keywords listed below point to the primary themes of your life journey across key dimensions of your existence as a human being. These keywords may give you hints to deeply understand who you are and what your purpose is in this human life journey. As you learn more about yourself in the next sections, you may find that some of the themes represented by the keywords repeat across different dimensions of your life.

Key-Themes		
Balance	Independence	Prominence
Passion	Success	Comfort

1.2. Self-Plane: What Motivates You

The Soil resources on the self-plane determine what motivates you deep down and gives you a sense of self.

Imagine an onion. It has multiple layers. After you have peeled each layer, you eventually get to see the core of the onion. Similarly, the self-plane is the core layer of your human existence. The vibratory resources of the Soil

manifesting on this plane reveal what gives you a sense of self, an identity, a deeper motivation.

As this plane represents your innermost self, the world doesn't know about this dimension. It's hidden from others. Only you know about this self through your key motivations, core passions, and innate urges.

On the self-plane, your Soil resources offer you:

Self-Plane	
Motivation to construct emotional connection with others for experiencing that relationship at a deeper level	Urge to bring intense and secretive approach in life
Driven by transformation of things and people	Zeal to uncover truth and hidden things
Devotion, loyalty, love, sensitivity, intuition	

You derive sense of self:

- From personal possessions including wealth, talent and family heritage
- By seeking stability and security

You are passionate about:

- Public and professional leadership - strong emphasis on ambitions, power, recognition, admiration, eminence, material success, etc.

1.3. Mental-Plane: How You Experience The World

The Soil resources on the mental-plane determine how you interpret and feel about everything you experience.

This plane governs your emotions, thoughts, tendencies and attitudes. The Soil resources available to the mental-plane therefore play a key role in determining how you process all that you experience. The manifestation of the Soil on the mental-plane, like that on the self-plane, is not directly evident to others.

On mental-plane, your resources Soil offer you:

Mental-Plane	
Feel happy by attaining comfort and security through material possessions	Innate need to be generous by sharing abundance with others
Need to pursue artistic abilities	Bring tendency to indulge
May develop urge to be overly possessive	May tend to become stubborn

Mental-Plane	
Inherent inclination to pursue a path of creativity	

You gain emotional balance:

- By seeking a strong connection with metaphysical world
- By helping others through psychic abilities

1.4. Physical-Plane: How Your Body Operates

The Soil resources on the physical plane determine how your physical body operates in conjunction with continuously evolving genes and the dynamic external environment.

As the name suggests, this plane represents the physical aspect of your existence. The manifestation of the Soil on this plane therefore is evident to others though not entirely. The Soil resources available to this plane determine your physical attributes such as body structure, strength, vitality, etc.

On the physical-plane, your Soil resources, in conjunction with the genes and other external factors, bring you:

Physical-Plane	
Pleasing and unique facial features	Curved under part of feet and risen ankles
Generally attractive and charming body	Prominently symmetrical face
Youthful appearance even in older age	Well-shaped lips, often dimpled cheeks
Soft and finely structured eyes	Gorgeous smile and infectious laughter

1.5. Presentation-Plane: What You Project Into The World

The Soil resources on the presentation-plane determine what you project into the world and how you interact and conduct business with others.

The presentation-plane is like a user interface (UI) of yourself, similar to the screen of your computer or phone. This plane plays a very important role in your day to day interaction with the world. People perceive you through your resources on the presentation-plane.

The Soil resources manifesting on the presentation-plane essentially determine your overall approach to life, including how you express your gifts and talents, what roles you like to play in the ongoing drama of the world, and what your initial response is to a given life situation.

On the presentation-plane, your Soil resources are:

Presentation-Plane	
Provide balanced, aesthetic, and graceful approach towards interacting with the world	Abundant resources for expressing through charm, objectivity and fairness
Bring truth, justice, and balance in all things	Provide attraction to beauty in all forms
Bring ability to influence on people through charm, fair, and an open, easy-going attitude	Support business and trade skills especially for one-one sale
Provide extraordinary ability for mediation on any dispute	Bring strong imagination and intellectual approach
Bring strong affinity for acquiring material assets and living in comfort	Humour, politics, psychology

1.6. Vocational-Plane: What You Like To Perform

This section of the SD Map outlines the Soil resources relevant to your professional pursuits.

Before we dive deeper to explore this important dimension of human existence, let's first put vocation and career pathways in perspective. For about 90% of our history, we humans were hunters! Only as recently as about 10,000 years ago, humans became agriculturists. And since then, we have been inventing numerous vocations in pursuit of serving fellow human beings by expressing our unique gifts and talents, devoting time and labor, and thereby earning economic, social and other tangible or intangible benefits.

The objective of this section of the SD Map is to identify your Soil resources relevant to professional pursuits and also point you to a few matching career pathways so that you can validate what you discover here against what your inner self guides you.

The Soil resources available across self, mental, and presentation planes play an important role in determining what kind of pursuits provide us joy and fulfillment. In an ideal world, we should choose our career paths by combining our deep motivations and passions (the matters of self-plane), along with our innate tendencies and attitudes (matters of mental-plane), with our set of gifts and abilities for interacting with the world (matters of presentation-plane). However, practically, we may choose to predominantly use Soil resources of one of these three planes.

It's the Soil resources manifesting on the presentation-plane that should guide us in determining what lines of contemporary vocation and career paths are best suited to express those resources for serving others. Because most vocations generally require our interaction with the world, directly or indirectly, and the Soil resources on the presentation-plane primarily govern that interaction. With that in mind, let's explore your Soil resources for vocational pursuits and a few matching career pathways based on those resources.

For vocational pursuit, your Soil resources offer you:

- Independence and inspiration
- Business

- Creating and self-expressing, swiftly and independently
- Leadership
- Law

Your Soil Resources Relevant To Career	
Strong emphasis on order, harmony and peace	Great skill in business and trade, excellent negotiation skills by seeing views of two sides, bring fair and diplomatic approach in dealings
Naturally impress and influence others through charm and sophistication	Propensity towards beauty, nature, art, music and fashion
Great social skills, easily build strong social and business networks	Can naturally sell things or ideas to people
Easily put together team and lead them	Strong intellect and foresight

Your Soil resources map to the following career pathways and broad lines of vocation:

Matching Career Pathways	
Independent work (e.g., it consultant, technologist, researcher, freelancer, etc.)	Travel and transportation (e.g., pilot, aviation consultant, aeronautical engineer, air force professional, etc.)
Education (e.g., teacher, priest, pastor, yoga guru, spiritual guru, etc.)	Business and management (e.g., executive leadership, political power, government roles, business consulting, advising, trading, etc.)
Diplomacy (e.g., mediation, public relations, international relations, foreign service, politics, etc.)	Law (e.g., solicitors, law office, judges, jury, etc.)
Entertainment (e.g., acting, modeling, comedy, television, talk show, etc.)	Fashion (e.g., fashion designing, interior designing, etc.)

As you study and evaluate the above listed career paths that align with your Soil resources, you should process this information in conjunction with your knowledge of the character and themes of the prevailing Season of your life journey introduced in the next section. The Seasons and the different stages of our life journeys may bring shifts in our focuses and our interests for both personal or professional pursuits. And no one knows about these changes better

than your inner self, so allow that inner voice to guide you.

1.7. Self-Mastery-Plane: What You Like To Overcome/Transcend

This section lists the patterns of your Soil that can be transcended through self-growth and self-mastery.

As your true essence, the Awareness, the Source, you are whole and perfect. However, nothing that you give rise to, whether a thought or a thing as another state of you, can be whole and perfect. As human beings, we are limited by the thoughts we create and by the life forms through which we experience them. We can't be perfect as human beings, but we can definitely become the best of ourselves to live a fulfilled life and experience joy, abundance, and well-being!

From this self-discovery exercise, you are discovering not only the Soil resources that serve you, but also some of the specific sub-patterns of the Soil that don't serve you well. In essence, you can also learn about some of the blind spots of your life that you need to become aware of. You can utilize the knowledge a) for self-growth by developing the strengths revealed by the Soil and b) for self-mastery by transcending the weaknesses indicated by the Soil pattern.

As you learn about the sub-patterns of the Soil that don't serve you well, it's important to know that these patterns, whether latent or actively manifesting in your life, can invariably be rendered ineffective by cultivating the Awareness to become aware and thereby transcending the patterns. And you can learn about cultivating the Awareness through various proven tools and programs that are available to you on Clapself.

The patterns present in your Soil have the potential to offer challenges around:

Self-Mastery-Plane	
Stubbornness, fickleness, and overindulgence	Restlessness and sensory attachment

Broad areas for self-mastery are related to:

- Managing tendency to become overly zealous and/or dictatorial about ideals
- Managing sensitivity and aversion to confront aggressive situations
- Cognizant of other's perception of being indecisive and passive towards decision making

2. Seasons of Your Life

This section of your personalized SD Map entails the key themes of definitive time periods, Seasons, of your life journey.

In the previous section, you learned about your Soil resources manifesting across four key planes of your human existence. Seasons represent specific time periods of your life journey. In this section, you are going to learn about the broad characters and key themes of these time periods.

Purpose of Learning About Seasons

In conjunction with your understanding of your Soil, you can use this information on Seasons to:

- become informed about the dominant impulses of the prevailing time period of your life
- make better sense of your life experiences unfolding across different points of time
- adjust and align your pursuits with the character and key themes of the prevailing Season
- take advantage of the specific opportunities offered by a Season for self-growth and
- better manage the transitional times of your life journey.*

*Generally, when your life moves from one Season to the next Season, these transitional times can be eventful, and at times, uncomfortable, or even overwhelming if we don't know about the themes of the outgoing Season that we have to leave behind, and the themes of the upcoming Season that we need to embrace. By learning about these transitional timelines and about the character and themes of these two Seasons involved, we can empower ourselves and better manage these significant periods.



Blending Themes of Seasons and Sub-Seasons

Seasons represent nine distinct rhythms experienced by a life journey through the wheel of time. Each Season has a definite time duration, distinct character, and holds potential and opportunities for a wide variety of endeavors and worldly pursuits.

Within the period of each Season, there are nine sub periods, referred to as Sub-Seasons, unfolding in a sequence with each Sub-Season having its own character and distinct themes. These Sub-Seasons are subservient to the Season in which they exist and unfold. Therefore, at any given time, the characters and themes of the two blend together presenting a unique set of conditions for specific pursuits and experiences. For example, rain happening within a winter season has a character of both the winter season as well as the rainy 'sub-season'. That is why, the rainy 'sub-season' in the winter season may sometimes manifest in the form of hails or snow.

A Personalized Meaning of Seasons

It's important to note that even though each Season has the same character for all human life journeys, it has a unique meaning and therefore presents a very personalized potential and opportunity for each individual — primarily determined by the Soil resources but also by other factors including the choices one makes, consciously or unconsciously. It's like, the rainy season invariably brings water to all as that is the character of the rainy season. We

all get wet if we are in the open without any umbrella or raincoat. However, the same rainy season holds a unique personalized meaning for a farmer, for a builder, and for an outdoor sports player.

As you learn about these Seasons, keep in mind that there are no good or bad Seasons. Based on their distinct character, Seasons merely provide you broad opportunities and conditions that are conducive for certain pursuits, and trigger or facilitate certain kinds of life experiences.

With that in mind, let's explore the Seasons of your life journey. The SD Map enumerates below all the nine Seasons that become available to your life journey. However, the Map offers greater details on the current Season of your life journey. It also discusses the key themes and focus areas of the next nine Sub-Seasons unfolding within the prevailing Season.

Your Seasons

Season	Start Date	End Date
Emotion	Apr 1994	Apr 2004
Energy	Apr 2004	Apr 2011
Desire (Current Season)	Apr 2011	Apr 2029
Expansion	Apr 2029	Apr 2045
Order	Apr 2045	Apr 2064
Communication	Apr 2064	Apr 2081
Detachment	Apr 2081	Apr 2088
Senses	Apr 2088	Apr 2108
Eminence	Apr 2108	Apr 2114

2.1. Emotion (Apr 1994 - Apr 2004)

General Theme: All things Mind

Your mind and emotional aspect of it takes prominence in the Season of Emotion. Themes such as sensitivity, awareness, femininity, art, nurturing, intellect, home, etc. are in focus during this period. The dominant opportunities that this Season bring to you are related to:

- Matters of home, nourishment and motherly relationships
- Conditions for connection, contemplation, and meditation
- Heightened sensitivity and mental growth

- Arts and other creative pursuits
- Enhancement of imagination, daydreaming and fantasy, etc.

Season Traits: Your mind and emotions

“...the Season of Emotion revolves around the very frontline experience engine of your mind.the mind receives impulses from the universe that significantly enhance its ability to feel emotions..... the mind becomes highly active and more sensitive to surrounding things. This Season also delivers themes of home and motherly relationships to the forefront. Thinking seeks to expand... ..the impulses of this Season empower and enhance your mind's ability and inclination to provide emotional care to others..... ..this Season brings conducive conditions for contemplation and meditation.” - Extract from 5S Framework / You Are The Source

Season Involves: Mind, compassion, emotion, meditation, intuition, home, mother, feminine, family, nourishment, connection, public or masses, self-discovery

2.2. Energy (Apr 2004 - Apr 2011)

General Theme: All things Action

Your physical and mental energy takes prominence in the Season of Energy. Themes such as competition, dynamism, vitality, activity, impulse, etc. are in focus during this period. The dominant opportunities that this Season bring to you are related to:

- Matters of passion, courage and action
- Conditions around vitality and physical strength
- Physical activities, sports, and other competitive pursuits
- Engineering, exploration and discoveries
- Goals, ambitions and achievements, etc.

Season Traits: Your body and physical energy

“...In the Season of Energy, things related to the physical plane invariably take prominence.... ..also brings matters of passions, courage, and action to the forefront. ..This Season delivers strong impulses for creating ambitions and acting on them. it also directs one's focus to the physical body, to the life-energy that flows through the body and offers conditions that are conducive to physical strength, sports, exercise, and other physical activities. .. the Season provides strong motivation for one's mind to explore the unexplored territories and enhance its propensity for risk-taking and adventure.” - Extract from 5S Framework / You Are The Source

Season Involves: Action, energy, physical strength, motivation, sports, excitement, stamina, logic, focus, reckless, risk, competition, brothers

2.3. Desire (Apr 2011 - Apr 2029) - Current Season

General Theme: All things Unconventional

Opportunities in this Period:

Your deep desires and ambitions take prominence in this Season. Themes such as science, technology, exotic, passion, mass communication, foreign, radical, etc. are in focus during this period. The dominant opportunities that this Season bring to you are related to:

- Matters of ambitions and enduring material success
- Conditions around engineering, technology, inventions, breakthroughs
- Engaging with or fascination for foreign things, countries or people
- Conditions for psychological adaptation to gain higher wisdom
- Radical transformations through material pursuits for transcending materialistic bondage, etc.

Season Traits: Your desires and obsessions

“...The theme of this Season is obsessions, aspirations, and ambitions that have no boundaries, including those that are exotic, unconventional or rule breakers. This Season delivers conditions for delusion, material attachment and, at the same time, dispassion for things. The impulses of this Season no doubt seem contradicting and are often difficult to comprehend for the mind... ...interest in foreign things, people, or places may also become prominent themes of this Season. ...Based on the Soil patterns, feelings of being lost, mentally disturbed, or overwhelmed can also be present during this Season... more so if the life form is young and the mind is not yet grounded...” - Extract from 5S Framework / You Are The Source

Season Involves: Desire, unconventional, obsessions, deception, delusion, mental churning, foreign, acting, amplification, dispassion, engineering, mass communication

Desire Sub-Seasons

Past Sub-Seasons		
Time Period	Sub-Season Name	Sub-Season Theme
Apr 2011 - Dec 2013	Desire > Desire	Seeking to experience matters of ambitions, exotic, and worldly success; conditions around delusion, material attachment, and dispassion for things
Dec 2013 - May 2016	Desire > Expansion	Seeking to experience material affluence, growth, and children; conditions around learning, teaching and gaining higher wisdom
May 2016 - Mar 2019	Desire > Order	Seeking to experience the unreality of the material world; conditions around discipline, patience, structure, law, justice and service
Mar 2019 - Oct 2021	Desire > Communication	Seeking to experience intellectual endeavors and exchange information; conditions around sharing, solving problems, and conducting business

Upcoming Sub-Seasons		
Sub-Season & Period	Sub-Season Theme	Key Focus Areas
Oct 2021 - Nov 2022 Desire > Detachment (Current Sub-Season)	General Theme: Seeking to experience the absolute truth; conditions for withdrawal, confinement, separation as well as spiritual pursuits Opportunities Related To: Resources: family lineage, wealth, speech, livelihood, food and diet, storage, history, etc. Relationships: parental family, self created family	• Family heritage and family life • Finance and accumulated wealth • Possessions, material goods and valuables • Food and diet • Languages and verbal expression
Nov 2022 - Nov 2025 Desire > Senses	General Theme: Seeking to experience comforts, relationships, and beauty of the material things; conditions for creative as well as artistic endeavors Opportunities Related To: Resources: transformation, research, occult, mystical, psychic, inheritance, self-identity and ego, physical constitution and appearance, health and wellbeing, environment, childhood, etc. Relationships: family of spouse, mother's father, father's mother	• Transformation and emotional intensity • Shared resources such as inheritance, alimony, taxes, insurance • Metaphysical realms, occult and psychic pursuits • Merged energies and bonding at the deepest level • Financial gain through legacy or through partnerships, self, independence and individualism • Physical vitality, strength and health • Social identity, status and eminence • New beginning and opportunities
Nov 2025 - Sep 2026 Desire > Eminence	General Theme: Seeking to discover the true motivation and purpose of life; conditions for vitality, pride, authority, recognition and status Opportunities Related To: Resources: financial and material gains, network of friends, goals, hopes and dreams Relationships: elder siblings	• Fruits of labor, gains and earned wealth • Friends, community and intellectual connection • Humanitarian pursuits, social improvement, charity and philanthropy • Hopes, wishes and ambitions
Sep 2026 - Mar 2028 Desire > Emotion	General Theme: Seeking to experience matters of home, nourishment and motherly relationships; conditions for emotional connection, contemplation and meditation	• Contribution to society • Authority and influence on others • Recognition, respect and status in society • Life goals and ambitions

Upcoming Sub-Seasons		
Sub-Season & Period	Sub-Season Theme	Key Focus Areas
	Opportunities Related To: Resources: career and vocation, status and authority, honor and fame, work environment Relationships: father	
Mar 2028 - Apr 2029 Desire > Energy	General Theme: Seeking to experience matters of passion, courage and action; conditions around physical strength, sports, and other physical activities Opportunities Related To: Resources: marriage, business partnership, trade and commerce, foreign travel, agreement and alliances, family lineage, wealth, speech, livelihood, food and diet, storage, history, etc. Relationships: spouse, parental family, self created family	• Marriage and other committed relationships • Business alliance and partnerships • Relationship with the public or masses • Law, contracts, negotiations, agreements • Foreign affairs, trade and treaties • Legal battles, enmity, and penalties, family heritage and family life • Finance and accumulated wealth • Possessions, material goods and valuables • Food and diet • Languages and verbal expression

2.4. Expansion (Apr 2029 - Apr 2045)

General Theme: All things Growth

Your material growth and learning take prominence in the Season of Expansion. Themes such as affluence, rituals, honor, pilgrimages, philosophy, religion, education, etc. are in focus during this period. The dominant opportunities that this Season bring to you are related to:

- Material manifestation, growth, and social eminence
- Philosophical interests, law, religious scriptures, and intellectual pursuits
- Conditions for political, social or philanthropic activities
- Scholarly pursuits, education, teaching and counseling
- Conditions for fulfilling engagement with partners, family members, especially children, etc.

Season Traits: Your wisdom and wealth

"...Its theme is material growth, teaching, learning, and seeking higher wisdom. This Season generally expands the horizon of expectations and offers impulses of strong 'positivity' to the mind, as if anything it encounters will turn into gold! No matter what level a person is in the socio-economic strata, worldly affluence and connecting with the Self through knowledge of scriptures are two other dominant impulses this Season delivers.... ..the impulses that bring interest in law, religion, philosophy, and scriptures also find fertile ground to express themselves during this Season.... ..even if a mind experiences adverse life situations, the mind's outlook remains forward looking in this Season." - Extract from 5S Framework / You Are The Source

Season Involves: Expansion, abundance, children, religion, philosophy, wealth, materialism, positivity, teaching, preaching, law

Expansion Sub-Seasons

Upcoming Sub-Seasons		
Sub-Season & Period	Sub-Season Theme	Key Focus Areas
Apr 2029 - Jun 2031 Expansion > Expansion	General Theme: Seeking to experience material affluence, growth, and children; conditions around learning, teaching and gaining higher wisdom Opportunities Related To: Resources: communication, courage, ambitions, dreams, short-travels, work and service, debt, disease and medicine, obstacles, litigation, pets Relationships: siblings, younger siblings, maternal uncle	• Communication, language and writing pursuits • Siblings • Courageous and ambitious endeavors • Transportation • Technology and data science • Early education and teaching • Local community • Short journey and trips, service and employment • Health and wellbeing • Obstacles, challenges and debts • Diet, daily lifestyle and routine • Public health, safety, sanitation, and hygiene • Disputes, litigation, and conflicts
Jun 2031 - Dec 2033 Expansion > Order	General Theme: Seeking to experience the unreality of the material world; conditions around discipline, patience, structure, law, justice and service Opportunities Related To: Resources: happiness and emotion, house and real estate properties, vehicles and tangible assets, education, nurturing, creative intelligence, speculation, entertainment, children, self-expression Relationships: mother, close relatives, children	• Home, the homeland and patriotism • Happiness and emotions • Motherly pursuits • Real estate, vehicles and other tangible assets • Traditional activities, conventions, societal customs and norms • Material security • Education and school learning • Seashores and oceans, creative pursuits and self-expression • Children • Spiritual learning • Speculation and investments • Following, politics and royalty • Sports • Romance and adventure • Entertainment, music, dance, theater, art, science and literature
Dec 2033 - Mar	General Theme:	• Higher learning (especially

Upcoming Sub-Seasons		
Sub-Season & Period	Sub-Season Theme	Key Focus Areas
2036 Expansion > Communication	Seeking to experience intellectual endeavors and exchange information; conditions around sharing, solving problems, and conducting business Opportunities Related To: Resources: wisdom and higher knowledge, teaching, religion and philosophy, long journey, higher education, expenses and losses, isolation, seclusion and confinement, hidden talent, travel and emigration, etc. Relationships: brother's wife, wife's brother, father's brother	psychology, philosophy, spirituality, religion, etc.), ethics and values • Travel, pilgrimages, and emigration • Law, order, and judgement • Religious, charity and generous pursuits, secrets, hidden talents, fears and desires • Expenses and long distance travel • Imagination, intuition, and isolation • Spirituality, divine knowledge, and unconditional love • Detachment, restrictions, confinement, limitations, illusions, and escapism
Mar 2036 - Mar 2037 Expansion > Detachment	General Theme: Seeking to experience the absolute truth; conditions for withdrawal, confinement, separation as well as spiritual pursuits Opportunities Related To: Resources: family lineage, wealth, speech, livelihood, food and diet, storage, history, etc. Relationships: parental family, self created family	• Family heritage and family life • Finance and accumulated wealth • Possessions, material goods and valuables • Food and diet • Languages and verbal expression

2.5. Order (Apr 2045 - Apr 2064)

General Theme: All things Work

Your perseverance, hard work and service take prominence in this Season. Themes such as humility, delay, responsibility, dissolution, new beginnings, rewards, patience, etc. are in focus in this period. The dominant opportunities that this Season bring to you are related to:

- Conditions around work, discipline, service and reward
- Limitation, solitude and dissolution for new things to emerge
- Taking up responsibilities and cultivating discipline in life
- Learning perseverance and patience and serving the underprivileged
- Overcoming obstacles and challenges to achieve solid and lasting success, etc.

Season Involves: Order, work, serve, limitations, foundation, structure, inner strength, orthodox, patience, discipline, old, practical, underprivileged, masses

2.6. Communication (Apr 2064 - Apr 2081)

General Theme: All things Sharing

Your communication, engagement and commerce with the world take prominence in the Season of Communication. Themes such as intellect, logic, analysis, exploration, learning, writing, publication, business, diplomacy, etc. are in focus during this period. The dominant opportunities that this Season bring to you are related to:

- Intellectual endeavors, exchange of information and services
- Conditions around solving problems and offering business solutions
- Conducting trade and commerce
- Academics with emphasis on learning and sharing
- Marketing, finance, and sales, etc.

Season Involves: Intellect, conversation, communication, playfulness, messaging, business, media, publishing, mathematics, higher education

2.7. Detachment (Apr 2081 - Apr 2088)

General Theme: All things Objective

Your personal transformation and material detachment takes prominence in this Season. Themes such as spirituality, awareness, truth, reality, detachment, dispassion, imagination, objectivity, etc. are in focus during this period. The dominant opportunities that this Season bring to you are related to:

- Acquiring metaphysical knowledge and wisdom through meditation, etc.
- Conditions for withdrawal or detachment from material things
- Isolation, separation from mundane relationships
- Emotional and psychological triggers for personal growth
- Occult realms, spiritual and virtuous pursuits, etc.

Season Involves: Isolation, intuition, separation, forgiveness, self-doubt, dispersal, severance, meditation, psychic

2.8. Senses (Apr 2088 - Apr 2108)

General Theme: All things Sensory

Your relationships and sensory pursuits take prominence in this Season. Themes such as gratification, comfort, beauty, creativity, food, partnerships, etc. are in focus during this period. The dominant opportunities that this Season bring to you are related to:

- Pleasure and material comforts
- Developing relationships and partnerships
- Conditions for creative expression or artistic endeavors

- Perfecting or remapping life path through self-growth
- Finance, trading, and conceiving new business ventures, etc.

Season Involves: Beauty, comforts, wealth, harmony, sensuality, creativity, houses, vehicles, balance, agreement, marriage, relationships, partnership, fairness, food, arts, dance and music

2.9. Eminence (Apr 2108 - Apr 2114)

General Theme: All things Self

Your personal self and vitality takes prominence in the Season of Eminence. Themes such as creativity, confidence, authority, government, politics, spirituality, etc. are in focus during this period. The dominant opportunities that this Season bring to you are related to:

- Discovery of your true self and core motivation of life through self-discovery
- Conditions for recognition, authority and status
- Development of creative self-expression and intuition
- Conditions for vitality and tremendous energy
- Exhibiting inner radiance, positive approach and optimism

Season Involves: Self, ego, eminence, creative intelligence, leadership, fame, power, positions, government, father, vitality, self-discovery